

Black Girl Magic: Affirmations

You Are Priceless. You Are Worth It.

Destiny S. Harris

Copyright © 2020 | Destiny S. Harris

Help support my work by leaving a review.

• • •

Table of Contents

Black Girl Magic: Affirmations	1
Affirmation #1	17
Affirmation #2	18
Affirmation #3	19
Affirmation #4	20
Affirmation #5	21
Affirmation #6	22
Affirmation #7	23
Affirmation #8	24
Affirmation #9	25
Affirmation #10	26
Affirmation #11	27
Affirmation #12	28
Affirmation #13	29
Affirmation #14	30
Affirmation #15	31
Affirmation #16	32

Affirmation #17	33
Affirmation #18	34
Affirmation #19	35
Affirmation #20	36
Affirmation #21	37
Affirmation #22	38
Affirmation #23	39
Affirmation #24	40
Affirmation #25	41
Affirmation #26	42
Affirmation #27	43
Affirmation #28	44
Affirmation #29	45
Affirmation #30	46
Affirmation #31	47
Affirmation #32	48
Affirmation #33	49
Affirmation #34	50
Affirmation #35	51

Affirmation #36	52
Affirmation #37	53
Affirmation #38	54
Affirmation #39	55
Affirmation #40	56
Affirmation #41	57
Affirmation #42	58
Affirmation #43	59
Affirmation #44	60
Affirmation #45	61
Affirmation #46	62
Affirmation #47	63
Affirmation #48	64
Affirmation #49	65
Affirmation #50	66
Affirmation #51	67
Affirmation #52	68
Affirmation #53	69
Affirmation #54	70

Affirmation #55	71
Affirmation #56	72
Affirmation #57	73
Affirmation #58	74
Affirmation #59	75
Affirmation #60	76
Affirmation #61	77
Affirmation #62	78
Affirmation #63	79
Affirmation #64	80
Affirmation #65	81
Affirmation #66	82
Affirmation #67	83
Affirmation #68	84
Affirmation #69	85
Affirmation #70	86
Affirmation #71	87
Affirmation #72	88
Affirmation #73	89

Affirmation #74	90
Affirmation #75	91
Affirmation #76	92
Affirmation #77	93
Affirmation #78	94
Affirmation #79	95
Affirmation #80	96
Affirmation #81	97
Affirmation #82	98
Affirmation #83	99
Affirmation #84	100
Affirmation #85	101
Affirmation #86	102
Affirmation #87	103
Affirmation #88	104
Affirmation #89	105
Affirmation #90	106
Affirmation #91	107
Affirmation #92	108

Affirmation #93	109
Affirmation #94	110
Affirmation #95	111
Affirmation #96	112
Affirmation #97	113
Affirmation #98	114
Affirmation #99	115
Affirmation #100	116
Affirmation #101	117
Affirmation #102	118
Affirmation #103	119
Affirmation #104	120
Affirmation #105	121
Affirmation #106	122
Affirmation #107	123
Affirmation #108	124
Affirmation #109	125
Affirmation #110	126
Affirmation #111	127

Affirmation #112	128
Affirmation #113	129
Affirmation #114	130
Affirmation #115	131
Affirmation #116	132
Affirmation #117	133
Affirmation #118	134
Affirmation #119	135
Affirmation #120	136
Affirmation #121	137
Affirmation #122	138
Affirmation #123	139
Affirmation #124	140
Affirmation #125	141
Affirmation #126	142
Affirmation #127	143
Affirmation #128	144
Affirmation #129	145
Affirmation #130	146

Affirmation #131	147
Affirmation #132	148
Affirmation #133	149
Affirmation #134	150
Affirmation #135	151
Affirmation #136	152
Affirmation #137	153
Affirmation #138	154
Affirmation #139	155
Affirmation #140	156
Affirmation #141	157
Affirmation #142	158
Affirmation #143	159
Affirmation #144	160
Affirmation #145	161
Affirmation #146	162
Affirmation #147	163
Affirmation #148	164
Affirmation #149	165

Affirmation #150	166
Affirmation #151	167
Affirmation #152	168
Affirmation #153	169
Affirmation #154	170
Affirmation #155	171
Affirmation #156	172
Affirmation #157	173
Affirmation #158	174
Affirmation #159	175
Affirmation #160	176
Affirmation #161	177
Affirmation #162	178
Affirmation #163	179
Affirmation #164	180
Affirmation #165	181
Affirmation #166	182
Affirmation #167	183
Affirmation #168	184

Affirmation #169	185
Affirmation #170	186
Affirmation #171	187
Affirmation #172	188
Affirmation #173	189
Affirmation #174	190
Affirmation #175	191
Affirmation #176	192
Affirmation #177	193
Affirmation #178	194
Affirmation #179	195
Affirmation #180	196
Affirmation #181	197
Affirmation #182	198
Affirmation #183	199
Affirmation #184	200
Affirmation #185	201
Affirmation #186	202
Affirmation #187	203

Affirmation #188	204
Affirmation #189	205
Affirmation #190	206
Affirmation #191	207
Affirmation #192	208
Affirmation #193	209
Affirmation #194	210
Affirmation #195	211
Affirmation #196	212
Affirmation #197	213
Affirmation #198	214
Affirmation #199	215
Affirmation #200	216
Affirmation #201	217
Affirmation #202	218
Affirmation #203	219
Affirmation #204	220
Affirmation #205	221
Affirmation #206	222

Affirmation #207	223
Affirmation #208	224
Connect	225

Affirmation #1

I am worth it.

Affirmation #2

I belong.

Affirmation #3

I am beautiful.

Affirmation #4

I am confident.

Affirmation #5

I am a natural beauty.

Affirmation #6

I do not need to change myself to make
others comfortable.

Affirmation #7

My life is priceless.

Affirmation #8

I never settle for less than I deserve.

Affirmation #9

I deserve good in my life.

Affirmation #10

I am worthy of being treated with
respect.

Affirmation #11

I am valuable.

Affirmation #12

My life is worth being protected.

Affirmation #13

I am talented.

Affirmation #14

I am productive with my time.

Affirmation #15

I am leader-oriented.

Affirmation #16

I make my own choices.

Affirmation #17

I am free.

Affirmation #18

I am safe.

Affirmation #19

I am happy with who I am.

Affirmation #20

My blackness is beautiful.

Affirmation #21

My skin is extraordinary.

Affirmation #22

My intelligence is 10 times greater than
the standard.

Affirmation #23

I love myself.

Affirmation #24

I am blessed.

Affirmation #25

I am highly favored.

Affirmation #26

I am respected.

Affirmation #27

I am admired.

Affirmation #28

I am loved.

Affirmation #29

I am loveable

Affirmation #30

I am powerful beyond measure.

Affirmation #31

I am creating the life I want.

Affirmation #32

No one can stop me from fulfilling my
dreams.

Affirmation #33

I am unstoppable.

Affirmation #34

My skin color is a strength.

Affirmation #35

I have a beautiful aura.

Affirmation #36

I am a leader.

Affirmation #37

I set my own trends.

Affirmation #38

I do not assimilate to white standards
of beauty.

Affirmation #39

My life is fun!

Affirmation #40

My mind is beautiful.

Affirmation #41

I engage in daily self-care.

Affirmation #42

I choose to live a healthy lifestyle.

Affirmation #43

I consistently intake healthy foods.

Affirmation #44

I am thankful for life.

Affirmation #45

I stretch daily.

Affirmation #46

I take moments to breathe throughout
my days.

Affirmation #47

I take moments to relax throughout my week.

Affirmation #48

I maintain a low-stress lifestyle.

Affirmation #49

I keep my body hydrated.

Affirmation #50

I get my annual physicals and medical
checkups regularly.

Affirmation #51

I educate myself on the subject of
health.

Affirmation #52

I take care of my teeth.

Affirmation #53

I floss and brush my teeth regularly.

Affirmation #54

I make it a habit to go to the dentist at
least twice a year.

Affirmation #55

My mind, body, soul, and spirit are
worth taking care of.

Affirmation #56

I enjoy taking care of my body.

Affirmation #57

I never wait for others to take care of
me.

Affirmation #58

My body is priceless.

Affirmation #59

I treat my body with respect.

Affirmation #60

I have high self-respect.

Affirmation #61

I have a high self-worth.

Affirmation #62

I have a high self-esteem.

Affirmation #63

I consistently boost and build my self-confidence and self-esteem.

Affirmation #64

I am not dependent on the affirmations
that others say to me.

Affirmation #65

I habitually affirm myself.

Affirmation #66

My inner beauty is radiating.

Affirmation #67

My outer beauty is pure.

Affirmation #68

I am unique, special, and one-of-a-kind.

Affirmation #69

I am comfortable in my skin.

Affirmation #70

I am confident in my skin.

Affirmation #71

I would not change anything about
myself.

Affirmation #72

I love the way I look.

Affirmation #73

I love the way I feel because I invest in
my health and self-care.

Affirmation #74

My life is a reflection of my dreams.

Affirmation #75

Nothing is impossible for me to
achieve.

Affirmation #76

I am a genius.

Affirmation #77

I am a confident and quick decision-maker.

Affirmation #78

I never let others make decisions for
me.

Affirmation #79

I enjoy being the driver of my life.

Affirmation #80

I make healthy decisions for me.

Affirmation #81

I enjoy being in leadership roles.

Affirmation #82

I know what I want.

Affirmation #83

I know what I don't want.

Affirmation #84

I am a decisive woman.

Affirmation #85

I am in control of how I respond to my
life.

Affirmation #86

I am the decision-maker for my
choices.

Affirmation #87

I seek wise counsel when I need to
make tough decisions.

Affirmation #88

Learning from my past decisions is a
healthy habit for me.

Affirmation #89

Every day offers me another
opportunity to grow.

Affirmation #90

I disregard defeating or negative
affirmations others might say to me.

Affirmation #91

I demand respect from others.

Affirmation #92

I do not let others run over me.

Affirmation #93

I have firm boundaries.

Affirmation #94

I ensure I do not let others disregard
my boundaries.

Affirmation #95

I am never underpaid.

Affirmation #96

I am regarded in a positive light.

Affirmation #97

I act with professionalism.

Affirmation #98

I am paid what I am worth or more.

Affirmation #99

I set respectful boundaries in the
workplace.

Affirmation #100

I speak up when I am wronged.

Affirmation #101

I do not hold onto bitterness.

Affirmation #102

I am experiencing a successful career.

Affirmation #103

I am thriving in my career.

Affirmation #104

I am thriving financially.

Affirmation #105

I am free of debt.

Affirmation #106

I maintain a positive net worth.

Affirmation #107

I have a healthy relationship with
money.

Affirmation #108

I spend less than I earn.

Affirmation #109

I consistently educate myself on
personal finance.

Affirmation #110

I do not let others handle my money
because I choose to be financially
educated.

Affirmation #111

I am comfortable discussing money.

Affirmation #112

I am wealthy.

Affirmation #113

I am prospering financially.

Affirmation #114

I am a saver.

Affirmation #115

I think before I make purchases.

Affirmation #116

I am not a frivolous spender.

Affirmation #117

I am not caught up in appearances or
showing off my money.

Affirmation #118

I maximize my resources.

Affirmation #119

I do not depend on others financially.

Affirmation #120

I am financially independent.

Affirmation #121

I don't wait for others to buy things for
myself.

Affirmation #122

I experience financial freedom.

Affirmation #123

I am always financially prepared.

Affirmation #124

I am preparing for retirement early.

Affirmation #125

I have multiple streams of income.

Affirmation #126

I have a wealthy and prosperous
mentality.

Affirmation #127

I surround myself with other wealthy
individuals.

Affirmation #128

Money comes to me in all forms.

Affirmation #129

I always *have*

Affirmation #130

I am consistently a blessing and
generous to others.

Affirmation #131

I enjoy giving.

Affirmation #132

I live a fabulous lifestyle.

Affirmation #133

I can afford to buy the things I desire.

Affirmation #134

I live in a lovely residence.

Affirmation #135

I can afford to eat at fine restaurants.

Affirmation #136

I am a money magnet.

Affirmation #137

I am a highly productive woman.

Affirmation #138

I am goal-oriented.

Affirmation #139

I realize my purpose and act on it.

Affirmation #140

I actively review my goals.

Affirmation #141

I am productive with my time.

Affirmation #142

I choose to live a purposeful life.

Affirmation #143

Each minute of my day is valuable.

Affirmation #144

I have so much to be grateful for.

Affirmation #145

My life is an enjoyable experience.

Affirmation #146

I live my truth.

Affirmation #147

I am happy to be me.

Affirmation #148

I am worthy of being treated with
respect.

Affirmation #149

My days are enjoyable.

Affirmation #150

I maintain a positive attitude.

Affirmation #151

My thinking is positive.

Affirmation #152

I am proactive about my dreams.

Affirmation #153

I attract healthy relationships.

Affirmation #154

I never settle for people below my
standards.

Affirmation #155

I have high standards.

Affirmation #156

I am well-liked.

Affirmation #157

I am bold and courageous.

Affirmation #158

I am daring.

Affirmation #159

I always stand up for what I believe in.

Affirmation #160

My life is filled with meaningful
experiences.

Affirmation #161

Good vibes follow me everywhere I go.

Affirmation #162

Good-intentioned people follow me
wherever I go.

Affirmation #163

I am gifted.

Affirmation #164

I am appreciated.

Affirmation #165

My expertise is valued.

Affirmation #166

Life is fun!

Affirmation #167

I am inner-directed.

Affirmation #168

I am emotionally healthy, blessed,
strong, and favored.

Affirmation #169

I am mentally healthy, blessed, strong,
and favored.

Affirmation #170

I am physically healthy, blessed, strong,
and favored.

Affirmation #171

I am spiritually healthy, blessed, strong,
and favored.

Affirmation #172

I am financially healthy, blessed, strong,
and favored.

Affirmation #173

My life is filled with joy and happiness.

Affirmation #174

Beauty and peace are all around me.

Affirmation #175

I am grateful every day.

Affirmation #176

I learn new information daily.

Affirmation #177

Life is a pleasurable adventure for me.

Affirmation #178

My soul is filled to the brim.

Affirmation #179

I lack no good thing.

Affirmation #180

My heart's desires come true.

Affirmation #181

I am treated like a king.

Affirmation #182

I am comfortable being treated kindly.

Affirmation #183

I am comfortable being happy.

Affirmation #184

My body is full of vitality and strength.

Affirmation #185

I take regular vacations.

Affirmation #186

I enjoy spending time with myself.

Affirmation #187

I have a healthy, strong, ever-
developing, and beautiful relationship
with myself.

Affirmation #188

I am my number one priority.

Affirmation #189

My well-being always comes first.

Affirmation #190

I make wise decisions in all areas of my
life.

Affirmation #191

I am empowered in all facets of life.

Affirmation #192

I am a powerful, beautiful, confident

Black woman.

Affirmation #193

My natural hair is beautiful.

Affirmation #194

I learn how to take care of my natural hair.

Affirmation #195

I am attractive.

Affirmation #196

I enjoy reading and educating myself on
different topics.

Affirmation #197

I am always aware of my surroundings.

Affirmation #198

I am wise beyond my years.

Affirmation #199

I can do anything.

Affirmation #200

I am resilient and can overcome any
obstacle and hardship.

Affirmation #201

I never give up!

Affirmation #202

I never quit!

Affirmation #203

I never give up on the things that
matter to me.

Affirmation #204

I never give up on myself!

Affirmation #205

I am forgiving of myself and others.

Affirmation #206

I am letting go of everything and
everyone that does not serve me well.

Affirmation #207

I am a memorable, extraordinary,
magical, and enlightened Black woman!

Affirmation #208

I have Black Girl Magic!

Connect

<https://destinyh.com>

<https://blacklistedlibrary.com>